

## COUPE DE TUNISIE M/C ET J/S - 22/03/2022 - EL MENZAH - Petit bassin

## 9. 400 m NAGE LIBRE DAMES

Rg	Nom	Nat	Naiss	Club	Tps - Réact. - Obs.	Pts	50m	100m	150m	200m	250m	300m	350m
<b>JUNIORS/SENIORS</b>													
1.	MAALAOUI Ons	TUN	2001	OLYMPICA	4:38.30	672	31.47	1:05.12	1:39.50	2:14.86	2:50.58	3:26.75	4:03.07
TLD.	BEN ABA Lina	TUN	2004	ASM	5:04.03	515	32.09	1:08.30	1:46.55	2:26.19	3:06.11	3:45.81	4:25.66
TLD.	GHARIANI Maissa	TUN	2004	CNBA	5:06.26	504	34.81	1:11.75	1:49.89	2:28.95	3:08.19	3:48.21	4:27.64
TLD.	FATTOUM Sirine	TUN	2001	EST	5:19.27	445	33.03	1:10.64	1:50.51	2:31.33	3:12.84	3:55.27	4:37.81
<b>CADETS</b>													
1.	BOULAKBECHE Jamila	TUN	2006	SNB	4:24.55	783	31.17	1:04.11	1:37.16	2:10.49	2:43.82	3:17.66	3:51.62
2.	SOUISSI Maram	TUN	2006	ASCNS	4:40.47	657	30.78	1:05.20	1:40.26	2:16.08	2:52.61	3:28.38	4:04.68
3.	CHAOUECH Rimen	TUN	2006	TAC	4:41.70	648	31.82	1:05.92	1:40.58	2:16.33	2:52.66	3:29.33	4:06.19
4.	BEN AJMIA Malek	TUN	2005	ASM	4:52.25	580	32.30	1:08.07	1:45.11	2:22.63	3:00.82	3:38.80	4:16.48
5.	BEN CHERIFA Zeineb	TUN	2006	ASM	5:04.68	512	34.15	1:12.34	1:52.12	2:31.27	3:10.53	3:49.45	4:28.48
6.	TOUKABRI Mariem	TUN	2006	ASCNS	5:08.14	495	33.20	1:09.82	1:48.38	2:28.34	3:08.67	3:49.17	4:29.54
7.	BEN HSOUNA Emna	TUN	2006	CA	5:16.82	455	31.41	1:07.68	1:47.47	2:29.69	3:11.25	3:53.17	4:36.26
8.	CHAKI Serine	TUN	2006	ASCNS	5:19.38	445	33.32	1:09.60	1:48.76	2:29.77	3:12.07	3:54.69	4:37.73
9.	KHALIL Hiba	TUN	2006	CA	5:22.03	434	34.60	2:37.92	3:19.61			4:01.25	4:42.65
TLD.	GHISS Dorra	TUN	2005	CSUIP	5:29.58	405	34.50	1:12.22	1:52.91	2:35.40	3:18.90	4:02.51	4:46.65
<b>MINIMES</b>													
1.	KATTOUSI Malek	TUN	2008	CNM	4:48.32	605	31.35	1:05.92	1:42.20	2:19.81	2:56.96	3:34.75	4:12.54
2.	SOUISSI Zeineb	TUN	2008	ASCNS	4:50.39	592	33.42	1:09.28	1:45.94	2:23.20	2:59.79	3:37.00	4:13.96
3.	SOUIDI Ameni	TUN	2008	EST	4:53.49	573	31.86	1:06.50	1:41.15	2:18.72	2:57.39	3:35.00	4:14.19
4.	BEN MILED Ela	TUN	2008	ASCNS	4:53.94	570	31.13	1:06.04	1:42.95	2:20.93	2:59.00	3:36.58	4:14.21
5.	NAHDI Hiba	TUN	2008	EST	4:55.41	562	32.82	1:08.55	1:45.55	2:23.00	3:01.07	3:39.20	4:17.39
6.	BEN ISMAIL Lina	TUN	2008	EST	5:00.05	536	34.12	1:11.17	1:48.42		3:05.86	3:44.38	5:00.05
7.	ARAAR Mariem	TUN	2008	CA	5:00.10	536	33.57	1:09.85	1:47.80	2:26.35	3:05.31	3:44.71	4:23.37
8.	GHDEMSI Salma	TUN	2007	OLYMPICA	5:04.59	513	33.60	1:10.62	1:48.78	2:28.01	3:08.04	3:47.48	4:27.14
9.	FATTOUM Mariem	TUN	2008	EST	5:05.25	509	32.75	1:09.18	1:48.60	2:27.90	3:07.53	3:46.79	4:27.03
10.	CHIHJ Zeineb	TUN	2007	OLYMPICA	5:05.34	509	34.22	1:11.12	1:49.82	3:07.98	5:05.91		
11.	NEILI Yasmine	TUN	2007	ASM	5:17.41	453	33.70	1:11.34	1:50.86	2:31.70	3:12.96	3:54.48	4:36.12
12.	BEN MEFTAH Lilia	TUN	2008	TAC	5:21.07	438	34.61	1:13.35	1:54.13	2:35.35	3:16.82	3:58.06	4:38.97
13.	FARHAT Asma	TUN	2007	CSUIP	5:22.99	430	34.78	1:13.89	1:54.30	2:36.13	3:17.87	3:59.72	4:42.45
14.	NEMRI Abir	TUN	2008	ACADEMIE DE NATATION	5:23.03	430	34.87	1:13.89	1:55.91	2:36.85	3:18.02	3:59.60	4:41.45
15.	CHAIBI Nour	TUN	2008	CA	5:26.31	417	34.96	1:14.78	1:56.75	2:38.88	3:20.49	4:02.60	4:44.78

FED. TUNISIENNE DE NATATION

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<b>MINIMES</b>													
16.	THEMRI Mariem	TUN	2007	ASCNS	5:30.11	403	35.50	1:15.4€	1:57.33	2:39.50	3:22.17	4:04.73	4:47.45
17.	BAKLOUTI Molka	TUN	2008	CSUIP	5:30.99	399	35.06	1:15.17	1:57.53	2:40.41	3:23.88	4:08.35	4:49.51
	TLD. MELLITI Maram	TUN	2008	JSB	5:40.66	366	35.70	1:16.7€	2:00.02	2:44.09	3:28.61	4:12.87	4:57.20
	TLD. BOUCHOUCHA Mariem	TUN	2008	JSB	5:41.24	364	34.38	1:14.3€	1:57.37	2:41.82	3:26.4€	4:11.52	4:56.52
	TLD. BEN ALI Yasmine	TUN	2007	ASM	5:41.49	364	35.88	1:16.61	1:59.53	2:43.28	3:28.18	4:13.38	4:58.49
	TLD. CHERIF Chadin	TUN	2007	CA	5:49.97	338	36.68			2:47.58	3:34.13	4:19.37	5:05.27
	NC. GHARBI Chaima	TUN	2008	TAC	Disqual.	0	37.32	1:19.1€	2:03.46	2:48.18	3:33.5€	4:18.00	5:02.92