

RADES

23/03/2026

Code fédéral : 007

Grand bassin

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Lundi - 23 Mars 2026

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Ouverture des portes ( 14:00 )

Echauffements ( 14:00 )

Evacuation du bassin ( 14:45 )

Début des épreuves ( 15:00 )

**200 m 4 NAGES Dames (1)****Série 1 ( 15:00 )**

|    |                     |      |     |               |          |
|----|---------------------|------|-----|---------------|----------|
| 1. | BEN HAMAD Maram     | 2016 | TUN | SUC           | 99:99.99 |
| 2. | DHOUIB Lina         | 2015 | TUN | SUC           | 99:99.99 |
| 3. | BEN ABD ALLAH Molka | 2015 | TUN | SUC           | 99:99.99 |
| 4. | MANSOURI Yakin      | 2016 | TUN | SUC           | 99:99.99 |
| 5. | GARGOURI Yosr       | 2016 | TUN | SUC           | 99:99.99 |
| 6. | MASMOUDI Zeineb     | 2015 | TUN | SUC           | 99:99.99 |
| 7. | HAJJI Omneya        | 2016 | TUN | AQUARIUM      | 99:99.99 |
| 8. | ABIDI Njoud         | 2015 | TUN | MOUROUJ SPORT | 99:99.99 |

**200 m 4 NAGES Dames - Série 2 ( 15:04 )**

|    |                   |      |     |          |          |
|----|-------------------|------|-----|----------|----------|
| 1. | MEGDICH Israa     | 2016 | TUN | SUC      | 99:99.99 |
| 2. | JARRAYA Kenza     | 2016 | TUN | SUC      | 99:99.99 |
| 3. | MEJRI Assil       | 2015 | TUN | OLYMPICA | 99:99.99 |
| 4. | KHCHAREM Salma    | 2016 | TUN | OLYMPICA | 99:99.99 |
| 5. | MAHOUACHI Kmar    | 2016 | TUN | OLYMPICA | 99:99.99 |
| 6. | BEN KACEM Yasmine | 2015 | TUN | OLYMPICA | 99:99.99 |
| 7. | MASMOUDI Baya     | 2016 | TUN | SUC      | 99:99.99 |
| 8. | MEGDICH Mariem    | 2015 | TUN | SUC      | 99:99.99 |

**200 m 4 NAGES Dames - Série 3 ( 15:09 )**

|    |                   |      |     |          |          |
|----|-------------------|------|-----|----------|----------|
| 1. | BOUKERI Kenza     | 2015 | TUN | OLYMPICA | 99:99.99 |
| 2. | KAMMOUN Khadija   | 2016 | TUN | CMSLS    | 99:99.99 |
| 3. | ABBES Arij        | 2016 | TUN | CMSLS    | 99:99.99 |
| 4. | BEN REBAH Oumaima | 2015 | TUN | CMSLS    | 99:99.99 |
| 5. | LOUATI Baya       | 2016 | TUN | CMSLS    | 99:99.99 |
| 6. | FRIDHI Baya       | 2015 | TUN | CMSLS    | 99:99.99 |
| 7. | ELLOUZ Aziza      | 2016 | TUN | CMSLS    | 99:99.99 |
| 8. | EL AMERI Emna     | 2016 | TUN | OLYMPICA | 99:99.99 |

**200 m 4 NAGES Dames - Série 4 ( 15:13 )**

|    |                  |      |     |                |          |
|----|------------------|------|-----|----------------|----------|
| 1. | DRISS Kmar Fatma | 2015 | TUN | CMSLS          | 99:99.99 |
| 2. | BAHRI Yomna      | 2016 | TUN | STADE TUNISIEN | 99:99.99 |
| 3. | ABIDI Yasmine    | 2016 | TUN | STADE TUNISIEN | 99:99.99 |
| 4. | ABBASI Balkis    | 2015 | TUN | STADE TUNISIEN | 99:99.99 |
| 5. | HACHENI Yasmine  | 2015 | TUN | STADE TUNISIEN | 99:99.99 |

**FED. TUNISIENNE DE NATATION**

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|    |              |      |     |                |          |
|----|--------------|------|-----|----------------|----------|
| 6. | SHILI Menyar | 2016 | TUN | STADE TUNISIEN | 99:99.99 |
| 7. | GABSI Aicha  | 2015 | TUN | STADE TUNISIEN | 99:99.99 |
| 8. | CHAARI Wiem  | 2015 | TUN | CMSLS          | 99:99.99 |

## 200 m 4 NAGES Messieurs (2)

## Série 1 ( 15:18 )

|    |                       |      |     |               |          |
|----|-----------------------|------|-----|---------------|----------|
| 3. | ABIDI Njad            | 2016 | TUN | MOUROUJ SPORT | 99:99.99 |
| 4. | DRIDI Mohamed Raissen | 2015 | TUN | AQUARIUM      | 99:99.99 |
| 5. | KASMI Youssef         | 2016 | TUN | AQUARIUM      | 99:99.99 |

## 200 m 4 NAGES Messieurs - Série 2 ( 15:22 )

|    |                        |      |     |          |          |
|----|------------------------|------|-----|----------|----------|
| 2. | KALLEL Mohamed Hedi    | 2015 | TUN | SUC      | 99:99.99 |
| 3. | AZZABOU Zakaria        | 2016 | TUN | SUC      | 99:99.99 |
| 4. | ELLEUCH Soulaymen      | 2015 | TUN | SUC      | 99:99.99 |
| 5. | MAATAR Ismail          | 2016 | TUN | SUC      | 99:99.99 |
| 6. | MASMOUDI Ahmed         | 2016 | TUN | SUC      | 99:99.99 |
| 7. | CHAABEN Mohamed Rostom | 2015 | TUN | AQUARIUM | 99:99.99 |

## 200 m 4 NAGES Messieurs - Série 3 ( 15:27 )

|    |                   |      |     |          |          |
|----|-------------------|------|-----|----------|----------|
| 1. | TARCHOUNA Youssef | 2016 | TUN | SUC      | 99:99.99 |
| 2. | BOUZID Yahya      | 2016 | TUN | SUC      | 99:99.99 |
| 3. | REBAI Majd        | 2016 | TUN | SUC      | 99:99.99 |
| 4. | YAHYAOUY Aylen    | 2016 | TUN | OLYMPICA | 99:99.99 |
| 5. | ALI Yassine       | 2016 | TUN | SUC      | 99:99.99 |
| 6. | DHIB Taha         | 2015 | TUN | SUC      | 99:99.99 |
| 7. | YANGUI Yahya      | 2015 | TUN | SUC      | 99:99.99 |
| 8. | BELAAJ Houssin    | 2015 | TUN | SUC      | 99:99.99 |

## 200 m 4 NAGES Messieurs - Série 4 ( 15:31 )

|    |                             |      |     |          |          |
|----|-----------------------------|------|-----|----------|----------|
| 1. | JAIDEN Mohamed              | 2015 | TUN | OLYMPICA | 99:99.99 |
| 2. | BZIOUECH Youssef            | 2015 | TUN | OLYMPICA | 99:99.99 |
| 3. | BEN DHAOU Mohamed Amjed     | 2015 | TUN | OLYMPICA | 99:99.99 |
| 4. | ATTOUR Bara                 | 2016 | TUN | OLYMPICA | 99:99.99 |
| 5. | BELHADJ MBAREK Nour Mohamed | 2015 | TUN | OLYMPICA | 99:99.99 |
| 6. | BEN HADJ SALEM Idriss       | 2015 | TUN | OLYMPICA | 99:99.99 |
| 7. | HAJJEM Ismail               | 2016 | TUN | OLYMPICA | 99:99.99 |
| 8. | SAIDI Malek                 | 2015 | TUN | OLYMPICA | 99:99.99 |

## 200 m 4 NAGES Messieurs - Série 5 ( 15:36 )

|    |                          |      |     |       |          |
|----|--------------------------|------|-----|-------|----------|
| 1. | TRIKI Ilyes              | 2016 | TUN | CMSLS | 99:99.99 |
| 2. | KHMAKHEM Amine           | 2016 | TUN | CMSLS | 99:99.99 |
| 3. | OUSSAIFI Mohamed Aziz    | 2016 | TUN | CMSLS | 99:99.99 |
| 4. | TRABELSI Adem            | 2016 | TUN | CMSLS | 99:99.99 |
| 5. | MOALLA Edam              | 2015 | TUN | CMSLS | 99:99.99 |
| 6. | KHMAKHEM Yahya           | 2015 | TUN | CMSLS | 99:99.99 |
| 7. | BEN KRAIEM Mohamed Ahmed | 2015 | TUN | CMSLS | 99:99.99 |
| 8. | BEN AMOR Ayoub           | 2015 | TUN | CMSLS | 99:99.99 |

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## 200 m 4 NAGES Messieurs - Série 6 ( 15:41 )

|    |                      |      |     |                |          |
|----|----------------------|------|-----|----------------|----------|
| 1. | SALLEMI Ahmed        | 2016 | TUN | CMSLS          | 99:99.99 |
| 2. | JBENIANI Rayen       | 2015 | TUN | STADE TUNISIEN | 99:99.99 |
| 3. | MEJRI Moemen         | 2015 | TUN | STADE TUNISIEN | 99:99.99 |
| 4. | MEDDEB Bayrem        | 2015 | TUN | STADE TUNISIEN | 99:99.99 |
| 5. | JALLOULI Awes        | 2015 | TUN | STADE TUNISIEN | 99:99.99 |
| 6. | ABIDI Elyes          | 2016 | TUN | STADE TUNISIEN | 99:99.99 |
| 7. | RABBANA Mohamed Aziz | 2015 | TUN | STADE TUNISIEN | 99:99.99 |
| 8. | BOUJELBENE Rachid    | 2015 | TUN | CMSLS          | 99:99.99 |

## 400 m NAGE LIBRE Dames (3)

## Série 1 ( 15:45 )

|    |                       |      |     |          |          |
|----|-----------------------|------|-----|----------|----------|
| 1. | CHABCHOUB Mariem      | 2015 | TUN | SUC      | 99:99.99 |
| 2. | CHEBL Zina            | 2016 | TUN | SUC      | 99:99.99 |
| 3. | SARDOUK Linda         | 2016 | TUN | OCK      | 99:99.99 |
| 4. | OUARGANE Baya         | 2016 | TUN | OLYMPICA | 99:99.99 |
| 5. | BEN HAJ MESSOUD Israa | 2015 | TUN | OCK      | 99:99.99 |
| 6. | KHALFALLAH Kmar       | 2016 | TUN | SUC      | 99:99.99 |
| 7. | DAOUED Darine         | 2016 | TUN | SUC      | 99:99.99 |
| 8. | BAHRI Assia           | 2015 | TUN | AQUARIUM | 99:99.99 |

## 400 m NAGE LIBRE Dames - Série 2 ( 15:51 )

|    |                        |      |     |          |          |
|----|------------------------|------|-----|----------|----------|
| 1. | MNASSRI Mariem Mabrouk | 2015 | TUN | OLYMPICA | 99:99.99 |
| 2. | MABROUK Salma          | 2015 | TUN | OLYMPICA | 99:99.99 |
| 3. | BEN JABRA Sarra        | 2015 | TUN | OLYMPICA | 99:99.99 |
| 4. | BOUHAMED Hiba Allah    | 2016 | TUN | CMSLS    | 99:99.99 |
| 5. | ARIBIA Lyne            | 2015 | TUN | OLYMPICA | 99:99.99 |
| 6. | EL HENI Donyazed       | 2015 | TUN | OLYMPICA | 99:99.99 |
| 7. | MAHMOUD Loujein        | 2015 | TUN | OLYMPICA | 99:99.99 |
| 8. | MNASSRI Zeineb         | 2016 | TUN | OLYMPICA | 99:99.99 |

## 400 m NAGE LIBRE Messieurs (4)

## Série 1 ( 15:57 )

|    |                        |      |     |          |          |
|----|------------------------|------|-----|----------|----------|
| 2. | BEN HMAH Mohamed Amine | 2016 | TUN | OCK      | 99:99.99 |
| 3. | HICHRI Fahd            | 2015 | TUN | AQUARIUM | 99:99.99 |
| 4. | MANNAI Baraa           | 2016 | TUN | AQUARIUM | 99:99.99 |
| 5. | JBALI Joud             | 2015 | TUN | AQUARIUM | 99:99.99 |
| 6. | HAMMAMI Mehdi          | 2016 | TUN | OLYMPICA | 99:99.99 |

## 400 m NAGE LIBRE Messieurs - Série 2 ( 16:03 )

|    |                    |      |     |     |          |
|----|--------------------|------|-----|-----|----------|
| 1. | GHARSALLAH Youssef | 2016 | TUN | SUC | 99:99.99 |
| 2. | FOURATI Ahmed      | 2016 | TUN | SUC | 99:99.99 |
| 3. | MEGDICH Sejed      | 2016 | TUN | SUC | 99:99.99 |
| 4. | TRABELSI Aslem     | 2016 | TUN | SUC | 99:99.99 |
| 5. | BEN AMAR Adem      | 2015 | TUN | SUC | 99:99.99 |
| 6. | BEN SOLTANA Moataz | 2015 | TUN | SUC | 99:99.99 |
| 7. | ELLEUCH Aziz       | 2015 | TUN | SUC | 99:99.99 |
| 8. | JBENIANI Ahmed     | 2016 | TUN | SUC | 99:99.99 |

## 400 m NAGE LIBRE Messieurs - Série 3 ( 16:09 )

|    |                 |      |     |     |          |
|----|-----------------|------|-----|-----|----------|
| 1. | JAMMELI Youssef | 2016 | TUN | OCK | 99:99.99 |
|----|-----------------|------|-----|-----|----------|

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|    |                        |      |     |     |          |
|----|------------------------|------|-----|-----|----------|
| 2. | HADHRI Ahmed           | 2015 | TUN | OCK | 99:99.99 |
| 3. | CHAHTOUR Mohamed Yahya | 2015 | TUN | OCK | 99:99.99 |
| 4. | CHIKH Ahmed            | 2015 | TUN | OCK | 99:99.99 |
| 5. | JMAIEL Soulaymen       | 2015 | TUN | OCK | 99:99.99 |
| 6. | GALLELA Mohamed Salmen | 2015 | TUN | OCK | 99:99.99 |
| 7. | JMAIEL Mohamed         | 2016 | TUN | OCK | 99:99.99 |
| 8. | AMOURI Mohamed Iyed    | 2016 | TUN | SUC | 99:99.99 |

## 400 m NAGE LIBRE Messieurs - Série 4 ( 16:16 )

|    |                       |      |     |          |          |
|----|-----------------------|------|-----|----------|----------|
| 1. | SMAALI Yahya          | 2015 | TUN | OCK      | 99:99.99 |
| 2. | THLIJA Yahya          | 2016 | TUN | OLYMPICA | 99:99.99 |
| 3. | RAJHI Mohamed         | 2015 | TUN | OLYMPICA | 99:99.99 |
| 4. | OUESLATI Yahya        | 2015 | TUN | OLYMPICA | 99:99.99 |
| 5. | RAHMOUNI Mohamed Taha | 2016 | TUN | OLYMPICA | 99:99.99 |
| 6. | SALLAMI Amen Allah    | 2015 | TUN | OLYMPICA | 99:99.99 |
| 7. | YOUSSEF Yunes         | 2016 | TUN | OLYMPICA | 99:99.99 |
| 8. | CHALGHAF Adem         | 2015 | TUN | OCK      | 99:99.99 |

## 400 m NAGE LIBRE Messieurs - Série 5 ( 16:22 )

|    |                         |      |     |          |          |
|----|-------------------------|------|-----|----------|----------|
| 1. | NAKKACH Zakaria         | 2016 | TUN | OLYMPICA | 99:99.99 |
| 2. | MEJRI Mohamed Saleh     | 2015 | TUN | OLYMPICA | 99:99.99 |
| 3. | MASSOUDI Yahya          | 2016 | TUN | OLYMPICA | 99:99.99 |
| 4. | KHARRAT Ayoub           | 2015 | TUN | OLYMPICA | 99:99.99 |
| 5. | KHEMIRI Bayrem          | 2016 | TUN | OLYMPICA | 99:99.99 |
| 6. | MBAREK Yassine          | 2015 | TUN | OLYMPICA | 99:99.99 |
| 7. | MEKKI Mohamed Dhia      | 2016 | TUN | OLYMPICA | 99:99.99 |
| 8. | NEFFATI Mohamed Youssef | 2015 | TUN | OLYMPICA | 99:99.99 |

## 400 m NAGE LIBRE Messieurs - Série 6 ( 16:28 )

|    |                        |      |     |          |          |
|----|------------------------|------|-----|----------|----------|
| 1. | HAMMAMI Mohamed Anas   | 2015 | TUN | OLYMPICA | 99:99.99 |
| 2. | CHIAOUI Mohamed Haroun | 2015 | TUN | OLYMPICA | 99:99.99 |
| 3. | BEN ABDELAZIZ Omar     | 2016 | TUN | OLYMPICA | 99:99.99 |
| 4. | BACHA Haroun           | 2015 | TUN | OLYMPICA | 99:99.99 |
| 5. | BAYOULI Nebras         | 2016 | TUN | OLYMPICA | 99:99.99 |
| 6. | BEN FGUR Mehdi         | 2015 | TUN | OLYMPICA | 99:99.99 |
| 7. | ESSID Ayoub            | 2016 | TUN | OLYMPICA | 99:99.99 |
| 8. | JAOUADI Firas          | 2016 | TUN | OLYMPICA | 99:99.99 |

## 400 m NAGE LIBRE Messieurs - Série 7 ( 16:34 )

|    |                      |      |     |                |          |
|----|----------------------|------|-----|----------------|----------|
| 1. | ABROUG Oubay         | 2015 | TUN | OLYMPICA       | 99:99.99 |
| 2. | MAKNI Mohamed Jihed  | 2015 | TUN | CMSLS          | 99:99.99 |
| 3. | TARCHOUNA Sleh       | 2015 | TUN | CMSLS          | 99:99.99 |
| 4. | GAIDI Mohamed Nassif | 2016 | TUN | STADE TUNISIEN | 99:99.99 |
| 5. | FRIDHI Mohamed       | 2015 | TUN | CMSLS          | 99:99.99 |
| 6. | JARRAYA Rayen        | 2015 | TUN | CMSLS          | 99:99.99 |
| 7. | ANDOLSI Haroun       | 2015 | TUN | CMSLS          | 99:99.99 |
| 8. | ASKRI Moemen         | 2016 | TUN | OLYMPICA       | 99:99.99 |

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**Fin de la réunion ( 16:40 )**

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